

Bright Light Leaders

Bright Light Leaders is a 6-month Enneagram-based leadership programme designed specifically for women.

Programme Outcomes:

The programme will help leaders:

1. Identify unique leadership style so they can lead in a way that aligns with their natural strengths.
2. Build the foundations of capacity-building to increase resilience and improve stress management.
3. Learn how to leverage their inherent gifts for greater impact and effectiveness.
4. Identify the sub-conscious patterns getting in the way of playing bigger and create new neural pathways for growth.
5. Learn to express their views and advocate for themselves with greater confidence and conviction.
6. Gain skills for having difficult conversations whilst building trusting and mutually respectful relationships.
7. Acquire the tools needed for giving feedback and holding others accountable for improved team performance.
8. Learn how to optimise confident and effective decision-making for faster, more effective results.

Format:

- Live Zoom modules (2.5 hours) every month covering 6 learning topics.
- Monthly Zoom 1:1 Enneagram coaching session to apply the learning themes to current work challenges.
- Programme workbook for monthly topic integration exercises.
- Optional support partner for additional discussion and accountability.
- Slack channel for community support and resource-sharing.
- 64-page Comprehensive Guide to the Enneagram e-book.

Professional Fee:

Bright Light Leaders Programme with 1:1 support:

- Full programme including 2 x 1:1 personalised coaching sessions.
- \$1188 / R16 000

Bright Light without 1:1 support:

- \$900/ R12 000

ieQ9 Enneagram report + debrief required before start of the programme: \$220/R2200 per person.

Facilitator & Coach:

Jessica Uys is a Leadership Coach, Facilitator & Researcher. After more than 15 years in the field of Consumer Insights, including a role as Consumer & Market Insight Director for Unilever, she specialises in the Enneagram as a tool for personal and professional growth, Leadership Coaching and Qualitative Research into Team & Organisational Culture.

Jessica Uys is an ICF-credentialed coach, Certified Enneagram Teacher, Accredited Enneagram Professional. She is a member of the Enneagram in Business Network and has certified in Trauma-Informed Enneagram Coaching.

For further information, please contact:

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